

THE STATE OF FLORIDA WOULD LIKE YOU TO KNOW THAT CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.

STARTERS

CHIPS & DIP 🌱🌱 **CHOOSE 1** • Mango Salsa \$7
• Queso

PITA & DIP ❤️ • Pimento Cheese 🌱 \$9
CHOOSE 1 or • Guacamole 🌱
MAKE IT A TRIO +\$6 • Black Bean Hummus 🌱

FRIES / SWEET POTATO FRIES 🌱🌱 \$6/8
LOAD IT UP! +\$4 cheese, bacon and sour cream

MAC & CHEESE BITES 🌱 \$6

CHICKEN WINGS 5 Bone-in or 8 Boneless \$8
10 Bone-in or 16 Boneless \$14

SAUCES

DRY RUB

- BBQ
- Buffalo
- Bang Bang
- Teriyaki
- Mango Habanero
- Nuclear (spicy!)
- Lemon Pepper
- Garlic Parm
- Blackened

Served with celery & your choice of ranch or blue cheese

SALADS

ADD PROTEIN

- Chicken +\$3
- Tofu +\$3
- Steak +\$4
- Shrimp +\$4
- Salmon +\$8

CLASSIC CAESAR SALAD \$12/full
romaine lettuce with croutons, parmesan cheese and creamy caesar dressing

ONE LOVE SALAD 🌱❤️ \$14/full
spring mix with apples, raisins, toasted pecans, gorgonzola and our house citrus vinaigrette

MEDI. SALAD 🌱 \$14/full
romaine lettuce with artichoke hearts, olives, cucumbers, tomatoes, red onions, pepperoncini, feta cheese and Greek lemon dressing

SUMMER SALAD 🌱🌱 \$14/full
spring mix with cucumbers, tomatoes, red onions, berries, walnuts, feta cheese and our house citrus vinaigrette



HANDHELDS

Served with a basic side

SUB Signature Side +\$2.5 or Half Salad +\$3



CHICKEN CAESAR WRAP \$12
chicken with romaine lettuce, creamy caesar dressing, parmesan and croutons

MEDI. WRAP 🌱🌱🌱 \$14
CHOOSE 1: CHICKEN / TOFU / STEAK +\$2
choice of protein with romaine, artichoke hearts, olives, cucumbers, tomato, red onions, feta cheese and Greek lemon dressing

STEAK PESTO PITA 🌱❤️ \$14
sliced steak with pesto, jack cheese, spinach, parmesan and diced tomatoes on toasted pita

AVOCADO CHICKEN PITA \$12
grilled marinated chicken with guacamole, mango pico de gallo and spinach on toasted pita
SUB: TOFU 🌱

ONE LOVE CLUB ❤️ \$13
triple-decker sandwich with sliced turkey, ham, crispy bacon, cheese, lettuce, tomato, mustard and mayo on toasted bread

TURKEY MELT 🌱 \$12
pressed sandwich with sliced turkey, crispy bacon, cheddar, spinach and sliced tomato

PRESSED SAMMY 🌱❤️ \$10
ADD: CHICKEN +\$3 / STEAK +\$4
pressed sandwich with pesto, sliced tomatoes and mozzarella cheese

OLC CUBAN \$14
pressed sandwich with sliced ham, roasted pulled pork, swiss cheese, pickles, mustard and mayo

PHILLY CHEESESTEAK ❤️ \$15
toasted hoagie stuffed with shaved steak, peppers, onions and jack cheese

MANLY MAN 🌱❤️ \$16
grilled steak with crispy bacon, lettuce, tomatoes, cheese, and spicy aioli on a toasted hoagie. Served with a pickle spear

BBQ PORK SANDWICH \$13
slow roasted pulled pork with bbq sauce, homemade coleslaw and pickled onions on a toasted potato bun

SPICY CHICKEN SANDWICH 🌱 \$12
spicy, breaded chicken patty with lettuce, tomatoes, pickles, and spicy mayo on a toasted potato bun

TACOS & QUESADILLA

Served with a basic side

SUB Signature Side +\$2.5 or Half Salad +\$3

PROTEIN OPTIONS:

- Chicken
- Pulled Pork
- Tofu
- Black Beans
- Steak +\$2
- Shrimp +\$2
- Mahi Mahi +\$4

TACOS 🌱 2 for \$10 or 3 for \$14
flour tortilla with your choice of protein, shredded lettuce, mango pico de gallo and cheese

LETTUCE WRAP TRIO \$14 🌱🌱🌱
choice of protein with avocado, tomatoes and pickled onions

QUESADILLA 🌱 \$13
your choice of protein with cheddar and mozzarella. Served with sour cream, salsa and guacamole

BURGERS

Served with a basic side

SUB Signature Side +\$2.5 or Half Salad +\$3



CHOOSE 1 American / Monterey Jack / Cheddar / Swiss / Vegan

SMASHED BURGER 🌱❤️🌱 \$17
featuring our new akaushi wagyu patty topped with cheese, lettuce and tomato on a potato bun
MAKE IT A DOUBLE +\$7

BEYOND BURGER 🌱🌱 \$15
a plant-based patty topped with cheese, lettuce and tomato on an ancient grain bun

BLACK BEAN BURGER 🌱🌱 \$13
Southwest-inspired patty with black beans, quinoa and veggies. Topped with cheese, guacamole, lettuce and tomato on an ancient grain bun

UPGRADES

- | +\$1 | +\$2 |
|----------------------|----------------|
| • Mushrooms | • Fried Egg |
| • Jalapenos | • Crispy Bacon |
| • Caramelized Onions | • Guacamole |
| | • Avocado |
| | • Pesto |
| | • Blue Cheese |

DINNER MENU

WEDNESDAY TO SATURDAY: 4PM-9PM

PASTA

Served with a side of toast

ADD PROTEIN | Chicken \$3 - Tofu \$3
Steak \$4 - Shrimp \$4 - Salmon \$8



GARLIC BUTTER PASTA 🌱❤️ \$13
linguine pasta with mushrooms, spinach and diced tomatoes in garlic butter sauce

CREAMY PESTO PASTA 🌱 \$15
linguine pasta with creamy pesto sauce topped with shredded parmesan and diced tomatoes

KID'S MENU

CHOOSE 1 Fries / Fresh Fruit +\$2

KID'S CHICKEN BITES (6) \$6
KID'S MAC & CHEESE 🌱 **ADD CHICKEN +\$1** \$6.5
GRILLED CHEESE 🌱 \$5
CHEESE QUESADILLA 🌱 \$7

SIDES

BASIC SIDES

- French Fries
- Cowboy Beans
- Cole Slaw
- Tortilla Chips
- Dill Pickle Spears
- Sliced Oranges

SIGNATURE SIDES

- Mac & Cheese
- Fresh Fruit
- Soup (cup)
- Sweet Potato Fries
- Veggie Medley
- Soup (bowl) +\$2

