

THE STATE OF FLORIDA WOULD LIKE YOU TO KNOW THAT CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS.

STARTERS

- CHIPS & DIP** 🌱🌱 **CHOOSE 1** • Mango Salsa \$7
 • Queso
- PITA & DIP** ❤️ • Pimento Cheese 🌱 \$9
CHOOSE 1 or • Guacamole 🌱
MAKE IT A TRIO +\$6 • Black Bean Hummus 🌱
- FRIES / SWEET POTATO FRIES** 🌱 \$6/8
LOAD IT UP! +\$4 cheese, bacon and sour cream
- MAC & CHEESE BITES** 🌱 \$6

- CHICKEN WINGS** 5 Bone-in or 8 Boneless \$8
 10 Bone-in or 16 Boneless \$14

SAUCES		DRY RUB
• BBQ	• Teriyaki	• Lemon Pepper
• Buffalo	• Mango Habanero	• Garlic Parm
• Bang Bang	• Nuclear (spicy!)	• Blackened

Served with celery & your choice of ranch or blue cheese

SALADS

ADD PROTEIN		
	• Chicken +\$3	• Shrimp +\$4
	• Tofu +\$3	• Salmon +\$8
	• Steak +\$4	

- CLASSIC CAESAR SALAD** \$12/full
 romaine lettuce with croutons, parmesan cheese and creamy caesar dressing
- ONE LOVE SALAD** 🌱❤️ \$14/full
 spring mix with apples, raisins, toasted pecans, gorgonzola and our house citrus vinaigrette
- MEDI. SALAD** 🌱 \$14/full
 romaine lettuce with artichoke hearts, olives, cucumbers, tomatoes, red onions, pepperoncini, feta cheese and Greek lemon dressing
- SUMMER SALAD** 🌱🌱 \$14/full
 spring mix with cucumbers, tomatoes, red onions, berries, walnuts, feta cheese and our house citrus vinaigrette



HANDHELDS

Served with a basic side

SUB Signature Side +\$2.5 or Half Salad +\$3



- CHICKEN CAESAR WRAP** \$12
 chicken with romaine lettuce, creamy caesar dressing, parmesan and croutons
- MEDI. WRAP** 🌱🌱🌱 \$14
CHOOSE 1: CHICKEN / TOFU / STEAK +\$2
 choice of protein with romaine, artichoke hearts, olives, cucumbers, tomato, red onions, feta cheese and Greek lemon dressing
- STEAK PESTO PITA** 🌱❤️ \$14
 sliced steak with pesto, jack cheese, spinach, parmesan and diced tomatoes on toasted pita
- AVOCADO CHICKEN PITA** \$12
 grilled marinated chicken with guacamole, mango pico de gallo and spinach on toasted pita
SUB: TOFU 🌱
- ONE LOVE CLUB** ❤️ \$13
 triple-decker sandwich with sliced turkey, ham, crispy bacon, cheese, lettuce, tomato, mustard and mayo on toasted bread
- TURKEY MELT** 🌱 \$12
 pressed sandwich with sliced turkey, crispy bacon, cheddar, spinach and sliced tomato
- PRESSED SAMMY** 🌱❤️ \$10
ADD: CHICKEN +\$3 / STEAK +\$4
 pressed sandwich with pesto, sliced tomatoes and mozzarella cheese
- OLC CUBAN** \$14
 pressed sandwich with sliced ham, roasted pulled pork, swiss cheese, pickles, mustard and mayo
- PHILLY CHEESESTEAK** ❤️ \$15
 toasted hoagie stuffed with shaved steak, peppers, onions and jack cheese
- MANLY MAN** 🌱❤️ \$16
 grilled steak with crispy bacon, lettuce, tomatoes, cheese, and spicy aioli on a toasted hoagie. Served with a pickle spear
- BBQ PORK SANDWICH** \$13
 slow roasted pulled pork with bbq sauce, homemade coleslaw and pickled onions on a toasted potato bun
- SPICY CHICKEN SANDWICH** 🌱 \$12
 spicy, breaded chicken patty with lettuce, tomatoes, pickles, and spicy mayo on a toasted potato bun

TACOS / QUESADILLA

Served with a basic side

SUB Signature Side +\$2.5 or Half Salad +\$3

PROTEIN OPTIONS:

• Chicken	• Tofu	• Steak +\$2
• Pulled Pork	• Black Beans	• Shrimp +\$2
		• Mahi Mahi +\$4

- TACOS** 🌱🌱 2 for \$10 or 3 for \$14
 flour tortilla with your choice of protein, shredded lettuce, mango pico de gallo and cheese
- LETTUCE WRAP TRIO** \$14 🌱🌱🌱
 choice of protein with avocado, tomatoes and pickled onions
- QUESADILLA** 🌱 \$13
 your choice of protein with cheddar and mozzarella. Served with sour cream, salsa and guacamole

BURGERS

Served with a pickle spear & a basic side

SUB Signature Side +\$2.5 or Half Salad +\$3



CHOOSE 1 American / Monterey Jack / Cheddar / Swiss / Vegan

- SMASHED BURGER** 🌱❤️🌱 \$17
 featuring our new akaushi wagyu patty topped with cheese, lettuce and tomato on a potato bun
MAKE IT A DOUBLE +\$7
- BEYOND BURGER** 🌱🌱 \$15
 a plant-based patty topped with cheese, lettuce and tomato on an ancient grain bun
- BLACK BEAN BURGER** 🌱🌱 \$13
 Southwest-inspired patty with black beans, quinoa and veggies. Topped with cheese, guacamole, lettuce and tomato on an ancient grain bun

UPGRADES

+\$1	+\$2
• Mushrooms	• Fried Egg
• Jalapenos	• Crispy Bacon
• Caramelized Onions	• Guacamole
	• Avocado
	• Pesto
	• Blue Cheese

LUNCH MENU

WEDNESDAY TO FRIDAY: 11AM-3PM

\$13 LUNCH COMBOS

Choice of: Half Salad + Half Sandwich



- ~ HALF SALAD ~**
- Caesar Salad
 - One Love Salad
 - Medi. Salad
 - Summer Salad
- ~ HALF SANDWICH ~**
- One Love Club
 - Turkey Melt
 - Ham & Cheese
 - OLC Cuban
 - Pressed Sammy

KID'S MENU

CHOOSE 1 Fries / Fresh Fruit +\$2

- KID'S CHICKEN BITES (6)** \$6
- KID'S MAC & CHEESE** 🌱 **ADD CHICKEN +\$1** \$6.5
- GRILLED CHEESE** 🌱 \$5
- CHEESE QUESADILLA** 🌱 \$7

SIDES

BASIC SIDES

French Fries	Tortilla Chips
Cowboy Beans	Dill Pickle Spears
Cole Slaw	Sliced Oranges

SIGNATURE SIDES

Mac & Cheese	Sweet Potato Fries
Fresh Fruit	Veggie Medley
Soup (cup)	Soup (bowl) +\$2

